

AMBIENT Content Questions

Peak Flow Meter Exercise

1. Peak Flow is:
 - a. Your ability to get air into your lungs in cubic inches per second
 - b. The maximum flow of air into lungs in your deepest breath in liters
 - c. Your control of air flow through a straw
 - d. Your ability to get air out of your lungs in liters per minute

2. A peak flow meter is used to determine your
 - a. Health
 - b. Weight, height, and gender
 - c. Lung capacity
 - d. Normal output